Encyclopedia of Body Image and Human Appearance - 2012-04-11

This scholarly work is the most comprehensive existing resource on human physical appearance—how people's outer physical characteristics and their inner perceptions and attitudes about their own appearance (body image) affect their lives. The encyclopedia's 117 full-length chapters are composed and edited by the world's leading experts in behavioral, social, and biological sciences. The extensive topical coverage in this valuable reference work includes: (1) Important, theoretical, perspectives, and concepts for understanding body image and appearance; (2) Scientific measurement of body image and physical attributes (anthropometry); (3) The development and determinants of human appearance and body image over the lifespan; (4) How culture and society influences the meanings of human appearance; (5) The psychosocial effects of appearance-altering disease, damage, and visible differences; (6) Appearance self-change and self-management; (7) The prevention and treatment of body image problems, including psychosocial and medical interventions. Chapters are written in a manner that is accessible and informative to a wide audience, including the educated public, college and graduate students, and scientists and clinical practitioners. Each well-organized chapter provides a glossary of definitions of any technical terms and a Further Reading section of recommended sources for continued learning about the topic. Available online via ScienceDirect or in a limited-release print version. The Encyclopedia of Body Image and Human Appearance is a unique reference for a growing area of scientific inquiry it brings together in one source the research from experts in a variety of fields examining this psychological and sociological phenomenon. The breadth of topics covered, and the current fascination with this subject area ensure this reference will be of interest to researchers and a lay audience alike

Adolescence and Body Image - Lina A Ricciardelli - 2015-11-19

Body image is a significant issue for the majority of adolescents. Anxieties relating to body image can be crippling across both genders, their debilitating effects sometimes leading to mental health problems. This important book is the first of its kind to focus specifically on adolescents, providing a comprehensive overview of the latest research findings and developments in the area of body image. Adolescents develop well-recognized body-image-related drug use. The sole-authored text in the field, and integrating work from several disciplines, this is essential reading for students and researchers in psychology, sociology, computing science, sport and exercise science, and gender studies, with an interest in reducing body dissatisfaction in men, women and children.

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Body Image - Sarah Grogan - 2011-11-19

Fully revised and updated, Body Image 4th Edition provides a comprehensive summary of research on body image in men, women, and children, drawing together research findings from the fields of psychology, sociology, media studies, and related disciplines. The new edition presents all the latest research on body image including work on technology and body image, interventions to reduce body dissatisfaction, and links between body image, BMI, and clothing availability. Including data from interviews and focus groups with men and women and children who have spoken about their body and its impact on their self-esteem, the book explores a range of important contemporary issues, including the effects of social media and self-take on body image, the work of activists and academics who are trying to change how the fashion industry presents women's bodies, and new work investigating impacts of whole-body scanning technology and game-play avatars on appearance. Reflecting the direction of research on body image from a range of disciplines since the previous edition, the book also includes an increased focus on research in body- and weight-related drug use. The only solo-authored text in the field, and integrating work from several disciplines, this is essential reading for students and researchers in psychology, sociology, computing science, sport and exercise science, and gender studies, with an interest in reducing body dissatisfaction in men, women and children.

Body Image - Sarah Grogan - 2007-09-12

Sarah Grogan provides a comprehensive overview of the subject of body image, pulling together diverse research from the fields of psychology, sociology, media, and cultural and health studies, men and women in bodies, children, and young people. This second edition has been thoroughly revised and updated to reflect the significant increase in research on body image since the first edition was published, including new empirical data collected specifically for this book. The book offers a comprehensive overview of the latest research on body image, the book also reviews recent literature and includes new findings on body modification practices (cosmetic surgery, piercing, tattooing, and bodybuilding). It takes a critical look at interventions designed to promote positive body image and also attempts to link body image to physical health, looking in particular at motivations for potentially health-damaging practices such as anorexic dietary use and cosmetic surgery. The only text to date that examines the issue of body image, focusing on men and children as well as women, Body Image will be invaluable to students and researchers in the area as well as those with an interest in how to promote positive body image.

Body Image - Sarah Grogan - 2007-09-02

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Fans and Umbrellas - 2004-12-20

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This book provides a comprehensive introduction to the psychology of body image and eating behaviour, and a critique of the current popular image of thinness as the ideal body type. It covers the main theoretical approaches to the study of eating disorders and body image, as well as the complex interaction between biological and psychological factors that influence our attitudes to food and body image. It also examines the impact of social and cultural pressures on our perceptions of body image and eating behaviour, and the ways in which these pressures can be resisted and challenged.


This handbook provides a comprehensive overview of the eating disorders anorexia nervosa and bulimia nervosa. It includes chapters on the history, diagnosis, treatment, and prevention of these conditions, as well as coverage of related issues such as binge eating disorder, purging behaviors, and body image concerns. The book is organized into sections on the etiology and epidemiology of eating disorders, the assessment and diagnosis of eating disorders, and the treatment of eating disorders. It also includes a chapter on the role of culture and society in the development of eating disorders, as well as a chapter on the role of the family in the development of eating disorders. The book is intended for clinicians, researchers, and students who are interested in the psychology and treatment of eating disorders.
**Political Theory in Transition - Noel O'Sullivan** - 2013-07-04

During the past twenty years, the field of political theory has seen significant transformation and development. This book examines some of the most influential responses to this transition, offering a comprehensive overview of key debates and trends. The political theorists discussed in this work have been at the forefront of this transformation, helping to redefine the scope and limits of political theory.

**Tuesdays with Morrie - Mitch Albom** - 2007-06-29

This special 20th anniversary edition of the beloved international bestseller that changed millions of lives. Maybe it was a grandfather, or a teacher, or a colleague. Someone older, patient and wise, who understood you when you were young and searching, helped you see the world as a more profound place, gave you sound advice to help you make your way through it. For Mitch Albom, that person was Morrie Schwartz, his college professor from nearly twenty years ago. Maybe, like Mitch, you lost track of this mentor as you made your way, and the insights faded, and the world seemed colder. Wouldn't you like to see that person again, ask the higher questions of life: What do you want? Am I having the best possible time? Would you have lived your life differently if you had known what you know now? Morrie Schwartz is back in college. Their rekindled relationship turned into one final "class" lessons in how to live. Tuesdays with Morrie is a magical chronicle of their time together, through which Mitch shares Morrie's lasting gift with the world.

**Encyclopedia of Critical Psychology - Thomas Teo** - 2010-03-11

Encyclopedia of Critical Psychology is a comprehensive reference work and is the first work in English that comprehensively looks at psychological topics from critical as well as international points of view. Thus, it will appeal to all committed to a critical approach across the Encyclopedia of Critical Psychology, for academics, analysts of psychological practice, and professionals. The Encyclopedia of Critical Psychology provides commentary from expert critical psychologists from around the globe who will compile the entries. The Encyclopedia of Critical Psychology will feature approximately 1,000 invited entries, organized in an easy-to-use A-Z format. The encyclopedia will be compiled under the direction of the editor who has published widely in the field of critical psychology and due to his international involvements is knowledgeable about the status of critical psychological knowledge and discuss significant topics from a global perspective.

**Body Image - Thomas F. Cash** - 2004-01-13

This comprehensive account of current theory, research, and clinical practice in the area of body image and body image disorders. The volume's 57 concise chapters have been contributed by internationally recognized experts from diverse mental health, medical, and allied health care disciplines. Authors review the nature and functions of body image; examine psychological, social-contextual, and physiological influences on body image experiences; and present effective ways to assess, alleviate, and prevent body image-related suffering. Capturing the richness and complexity of the field in a readily accessible format, every chapter concludes with an informative annotated bibliography.

**Eating Disorders: Body Image & The Media** - British Medical Association - 2006-01-16

This report reviews the evidence of media effects on self-esteem, body image and eating disorders, and aims to raise awareness of this important public health issue, with recommendations for action by government, media and education professionals, healthcare staff and others.

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**Handbook of Gender Research in Psychology - Joan C. Christler** - 2012-03-10

Donald R. McCray and Joan C. Christler The Development of Gender Studies in Psychology Studies of sex differences are as old as the 'field of psychology, and they have been conducted in every subfield of psychology, but it is only in recent years that these sex differences seem to be most prominent. First, social psychological research on perception show that sex is especially salient in social groups. It is the '7th question people notice about others, and it is one of the things we remember best (Fiske, Haslam, & Fiske, 1992; Stanger, Lynch, Dvash, & Glass, 1992). For example, people may not remember who uttered a word, how many words were said, or even which side of the runway a mouse walked, but they are likely to remember the gender of the speaker, and even the number of men and women for social roles. Men’s greater upper body strength makes them better candidates for manual labor, and their greater height gives the impression that they are physically stronger (Haslam, Stanger, & Glass, 2012). Women’s (and nonsexually stereotyped women’s) superior verbal abilities (processing and reasoning, or insight) that accompany them seem suited for other roles that require gentleness and nurturance. Third, the topic that underlines hypothesis testing in the sciences is focused on difference. Researchers design their studies with the hope that they can reject the null hypothesis that experimental groups do not differ.
Body Image, Eating, and Weight - Massimo Cuzzolaro - 2018-11-03

This book equips readers with the knowledge required to improve diagnosis and treatment and to implement integrated prevention programs in patients with eating and weight disorders. It does so by providing a comprehensive, up-to-date review of research findings and theoretical assumptions concerning the interface and interactions between body image and such disorders as anorexia nervosa, bulimia nervosa, binge eating disorder, other specified feeding and eating disorders, orthorexia nervosa, overweight, and obesity. After consideration of issues of definition and classification, the opening part of the book examines the concept of body image from a variety of viewpoints. A series of chapters are then devoted to the assessment of the multidimensional construct “body image”, to dysmorphophobia/ body dysmorphic disorder, and to muscle dysmorphia. The third part discusses body image in people suffering from different eating disorders and/or overweight or obesity, and two final chapters focus on body image in the integrated prevention of eating disorders and obesity, and cultural differences regarding body image. The book will be of interest to all health professionals who work in the fields of psychiatry, clinical psychology, eating disorders, obesity, body image, adolescence, public health, and prevention.

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Appetites - Caroline Knapp - 2010-10-08

What looks like a consciously altruistic effort to encapsulate one woman’s entire life into lessons for the benefit of womankind may be just that: after divulging every gruesome detail of her spiral into anorexia and subsequent self-discoveries in this memoir, Knapp died of lung cancer last June at age 42. Similar in tone to her previous Drinking: A Love Story, this work is candid and persuasive enough to reach many women with analogous problems. But it’s more than one woman’s tragic story; multitudinous interviews with women with eating disorders, excerpts from classic feminist texts and sociological statistics lend credence and categorize the book under cultural studies as much as self-help. Knapp hypothesizes that the feminists who came after the revolutionary 1960s, herself included, were stifled rather than empowered by the overwhelming choices before them. They gained “the freedom to hunger and to satisfy hunger in all its varied forms.” Unfortunately, writes Knapp, size-obsessed fashion magazines and other social messages contradict a woman’s right to desire, contributing to the rise in eating disorders and other illnesses. Knapp observes an aspect of the backlash against the feminist movement: when “women were demanding the right to take up more space in the world,” they were being told by a still patriarchal society “to grow physically smaller.” Though Knapp admits it’s “easier to worry about the body than the soul,” she hopes creating a dialogue about anorexia will enable all women to nourish both.

Encyclopedia of Feeding and Eating Disorders - Tracey Wade - 2017-03-15

The field of feeding and eating disorders represents one of the most challenging areas in mental health, covering childhood, adolescent and adult manifestations of the disorders and requiring expertise in both the physical and psychological issues that can cause, maintain, and exacerbate these disorders. The scope of the book is an overview of all the feeding and eating disorders from “bench to bedside”, incorporating recent changes introduced into the Diagnostic and Statistical Manual of Mental Disorders, Fifth Edition (DSM-5). The aim is to present one of the first complete overviews of the newly defined area of feeding and eating disorders with respect to genetics, biology and neuroscience through to theory and its application in developing clinical approaches to the prevention and treatment of feeding and eating disorders.

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